

BELL SCHEDULE

TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Block 1 8:00-9:12	Block 1 8:00-9:12	Block 1 8:00-9:12	Block 1 8:00-9:12
Block 2	Block 2	Block 2	Block 2
9:16-10:28	9:16-10:28	9:16-10:28	9:16-10:28
FLEX	FLEX	FLEX	FLEX
10:28-10:57	10:28-10:57	10:28-10:57	10:28-10:57
Block 3	Block 3	Block 3	Block 3
11:01-12:13	11:01-12:13	11:01-12:13	11:01-12:13
LUNCH	LUNCH	LUNCH	LUNCH
12:13-12:53	12:13-12:53	12:13-12:53	12:13-12:53
Block 4	Block 4	Block 4	Block 4
12:57-2:09	12:57-2:09	12:57-2:09	12:57-2:09
Block 5	Block 5	Block 5	Block 5
2:13-3:25	2:13-3:25	2:13-3:25	2:13-3:25

Encounters with Canada



- Attention all students: Are you between the ages of 14-17? Are you a Canadian citizen? Do you have a passion for travel, leadership and fun? Encounters With Canada is a unique opportunity for Canadian teens to meet other young people from across the country. Spend an adventure-filled week in your nation's capital! Check out future career options, discover your country, share your hopes and dreams.
- If you are interested in attending, please see Ms. Leeden in the counselling department by Monday, May 6. For a limited time, we are able to register as many students as possible. There will be a brief meeting on Friday in the conference room for students who are interested but would like to know more, or you can check out their website: https://www.ewc-rdc.ca/pub/en/begin_your_adventure

HWSS VALEDICTORIAN . . .

Please congratulate **Christina Bui** and **Kaleb Thiessen** for winning this year's valedictorian vote.

All candidates did an amazing job with their speeches.



#Grad2019SelfieContest

Wanna put your selfie in the Yearbook?



- Must be from this school year (time stamp must be included)
- Must be of Heritage Woods Student(s); selfie or group selfie
- 3. Filters are allowed.
- Priority given to:
 - Selfies taken at HWSS with some iconic school locations in background
 - b. Selfies that are creative or artistic
 - Selfies that show life at HWSS

Send your images to: hwssyearbook@gmail.com and include your name!

Contest Closes: Thursday, May 2nd

GRAD DINNER DANCE - Saturday, June 8th

- Seating request forms will be given out during FLEX and LUNCH on Wednesday, May 1st in Grand Hall.
- DEADLINE for seating request to be handed in:
 Friday, May 10th. Hand in requests to main office.
- ALL FEES must be paid in order to receive a seat.
 Check the outstanding fees list on office window.





KODIAK WEAR

LIMITED quantities available at the office.

These won't last long and you will NOT be able to order items

CASH ONLY



HWSS MODEL UN

HWSS Model UN

Is looking for new members!

Whether you are interested in global issues, wish to improve your public speaking skills, or just want to find out more, come visit us! No commitment required.

WHEN: Friday, May 3rd

WHERE: Room 235

WHAT: Recruitment and information meeting



Questions? Ask Mr. Chaffee or any club member!

HWSS FIRST AIDERS AND FIRST RESPONDERS

Are you interested in first aid? Want to find out more information about our first responders club or how to become a first responder? We have a meeting at lunch in room 315 on TUESDAY. All current members and new members should be there.

NEED VOLUNTEER HOURS?

WHO: 2-3 students

WHAT: Coquitlam Art Show

WHERE: Coquitlam Mall

WHEN: Mon. May 27 10am - 7pm (2hr 15min shift)

OR

Sat. May 25 5pm – 7pm

WHY: Walk around the art to deter vandalism and

represent our school and district.

Contact Ms. Tompkins or Mr. Ting in the art room.

YEARBOOKS

Please check the lists posted on the main office windows to see if you have ordered a yearbook.

Yearbooks can still be purchased online until May 31st. After this date may be purchased from the main office. The cost to purchase is \$60.00.

Don't delay . . . there are 125 left!

NEWCASTLE ISLAND CAMPING TRIP

Biology 11 Students (Semester 1 and 2) May 23 – 25, 2019



If you are interested in the Newcastle trip, please see Mr. Moretti in Room 314.

CINDERELLA – Opening this week – Friday, May 3rd and Saturday, May 4th @ the HWSS Theatre 7:30 pm







Evening Shows:

TICKETS:

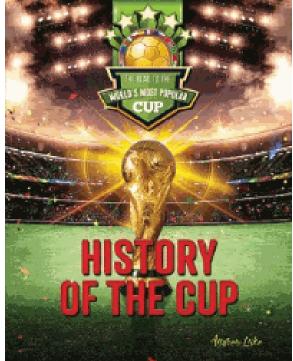
Available at the main office and from cast members.

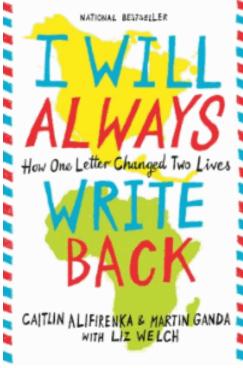
Adults \$12.00 Students/Seniors \$10.00

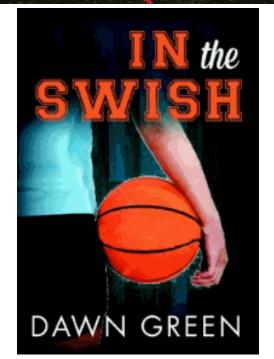
Friday, May 3rd
Saturday, May 4th
Friday, May 10th
Saturday, May 11th

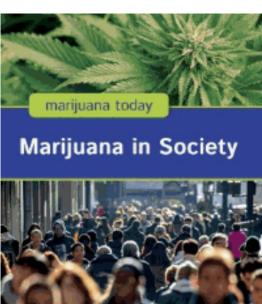
New Library Books











KODIAK ATHLETICS



MATCH TODAY at Port Moody Rec. vs ABC

HWSS Tennis Team

- Match Tuesday, April 30th @ Gates Park (Riverside)
- Please speak to your teachers in advance to request an early dismissal.
- Please let Ms. Powell or Ms. Ferrer know if you can't make it.



CLUBS



FITNESS CLUB

- TUESDAY AND THURSDAY THIS WEEK!
- WHEN: 3:40 PM
- WHERE: WEIGHT ROOM
- WHAT: NEED GYM STRIP AND WATER BOTTLE
- SEE MR CIARDULLO FOR MORE INFO!



What's your excuse?

TLE

We pick things up and put them down

HWSS Math Contest Club

Every **Tuesday** after school **in room 242**

Mainly forces on the **part C** questions in math contests

Math

EAL Tutoring Club





Do you struggle in English?

We can find you the right tutor to provide help in all subjects

Private and group lessons on Tuesdays and Thursdays at lunch, room 243

New tutors are welcomed!

TUESDAY AND THURSDAY AFTER SCHOOL IN THE LIBRARY

HWSOAP FREE PEER TUTORING

PLEASE MAKE APPOINTMENTS THROUGH:
englishandsocials.hwsoap@gmail.com
mathandscience.hwsoap@gmail.com

HWSS Environmental Leadership Club

Are you interested in making a difference?

- -Environmental Stewardship?
- -Hiking?
- -Recycling?
- -Raising money?
- -Making Friends?
- -And much more?







Join us **Every Tuesday at Lunch** in 307

HWSS Business Club

Interested in business case studies?

Room 301 Tuesdays at lunch



STUDENT POTTERY CLUB

Meets every Tuesday
3:30 to 4:30 pm
Art room 214
Please see Mr. Ting
for more information.

Bring cleaning towels and change of clothes.

It's not too late to join!



BUSINESS MENTORSHIP LUNCH

- Cancelled Tuesday, April 30th
- We will meet again May 7th
- Topics to be covered are Education and Employment

CAREER CENTER



Attention Grade 12 students:

We still have students who have not made any post-secondary selections through the Student Transcript Service. If you are even considering applying for college to attend in Sept. 2019 you need to make a selection before May 03, 2019 so they can receive a copy of your final transcripts. If you decide not to apply, no transcripts will be sent. Questions? See Ms. Butler.



SFU Entrance Awards and Bursaries

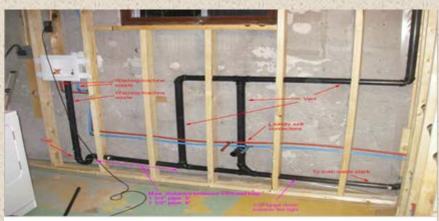
Entrance Award and Bursary applications are still open!

The deadline to apply is April 30. See our website for more information. We encourage all students to apply, especially if you have demonstrated financial need and are involved in the school or greater community.

Winners will be contacted by June 15.

Have you considered a career in plumbing? Want to get a head start on your career and get your **LEVEL 1 Certification**?







- If you are currently in grade 11 or 12 SD43 has an opportunity for you to begin a plumbing program in June 2019 **TOTALLY FREE!**
- The program begins June 17 and runs until August 02, 2019. It is taught at the Piping Industry College on Annacis Island and yes, FREE for SD43 students currently in grade 11 or graduating in June 2019.
- You should be a good math student (not Calculus math but A&W or Foundations with a strong grade). You are expected to be there every day so cannot miss to go away on summer vacation. If this sounds like a good fit for you and you want more information please come to see Ms. Butler in the career centre ASAP or contact Doug MacLean at DMacLean@sd43.bc.ca
- Visit the SD43 Trades page for a brochure and the application http://www.sd43.bc.ca/CareerPrograms/Pages/Plumber.aspx

















Grade 12s - have you received offers? Have you accepted one? Please, let us know. Drop by the career centre or send Ms. Butler an email dbutler@sd43.bc.ca and tell us where you have decided to go and what you plan to study. We love to know where our HWSS students choose to pursue their education and what they plan to study so we can ensure we are having the right information sessions at HWSS for future students.

Also, if you have been offered a scholarship we want to know so we can recognize you in the commencement program. See Ms. Butler for a green scholarship form and let us know by June 1 about any monies you have been offered.

















Did you apply to The University of Calgary? Have you received an offer or are you still waiting to hear from them? Are you considering if this is the place for you?



Please come and visit Ms. **Butler in the Career Centre** as she just got back from a visit to U of Calgary and might be able to answer your questions and help with decision making. You can either drop in during flex or lunch or email to make an appointment dbutler@sd43.bc.ca



Once you have been admitted to UBC/UBCO check out these events for future students:

Destination UBC (May 10–12) is a full-weekend program for high school students who have been admitted to the Okanagan campus. Participants will connect with the UBC community and start preparing for life as a UBC student. Students travelling from outside the Okanagan Valley are eligible for a travel reimbursement.

- Admitted high school students who self-identify as First nations, Metis or Inuit are also invited to the Indigenous Welcome (May 9).
- UBC Vancouver:

Headstart In Art

Who: Grade 11 or 12

pursuing a career in art

What: *First year University Art course

*1st year university credit

When: Sept. 10 - Dec. 10 Tuesday evenings 6 - 9

Where: Gleneagle Secondary

<u>How:</u> See Ms. Tompkins in April or go to ECU online for the Head Start application. Due in May.





REPEAT NOTICES



FRESH ROOTS ROOTS

Grow to Love Your Summer!

SOYL is a summer employment and leadership program that empowers youth to grow themselves, their community and good food with school farms!

WHY JOIN SOYL?

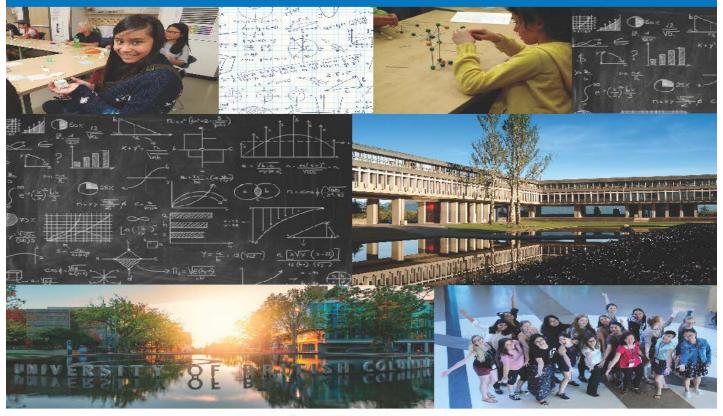
- Grow good food at school
- Earn money & school credit
- Cook amazing meals with chefs
- Develop leadership and job skills

- Meet new friends
- Spend the summer outdoors
- Explore your community and food system

For students in Gr 11 - 12 in Coquitlam, visit freshroots.ca/SOYL to apply by May 1!



2019 PIMS Diversity in Mathematics Summer School



22 July - 2 August 2019
The University of British Columbia & SFU Burnaby

Challenge Yourself! http://www.pims.math.ca/2019Diversityinmath

















2019 Diversity in Mathematics

Are you a girl in grade 10, 11 or 12? Do you find math stimulating and fun? Do you want learn more math but are not sure how to? Do you wonder if and how math would be helpful for a future career? Do you want to meet undergraduates in science majors studying in universities nationwide and learn about their journey from high school to university? If the answer is yes, then this camp could be for you!

- The main goal of the camp is to provide an opportunity to a group of high school students with diverse backgrounds to explore their talents and further develop their mathematical skills in a collaborative and encouraging environment. For more information visit the link below.
- http://www.pims.math.ca/2019Diversityinmath?utm_campaign=UBC%20Updates%3A%20A pril%202019&utm_medium=email&utm_source=Eloqua



The MS Society needs volunteers for the TriCities MS Walk on May 26th at Rocky Point Park.

Volunteers are at the heart of our success and crucial to this meaningful fundraising event. Meet great people, have fun and make a difference! There is a variety of volunteer opportunities to suite everyone and various start times.

To volunteer, register on our volunteer platform and sign up for a shift of your choice! Click here to register: http://bttr.im/bnq65.

For more information please contact Joel Cheung, Joel.Cheung@mssociety.ca

We are always looking for new volunteers to join our team!



Joel Cheung Coordinator, Volunteer Engagement MS Society of Canada 1103 Metrotower II - 4720 Kingsway, Burnaby, BC V5H 4N2 604-689-3144 ext. 7257 joel.cheung@mssociety.ca



Heritage Woods Secondary Presents...





PET FESTIVAL 2019!



IF SO, COME AND PARTICIPATE OR SUPPORT THE PET FESTIVAL, THURSDAY, MAY 9th @3:45-6:00PM FOR \$5 ADMISSION! THE EVENT WILL HAVE FACE PAINTING, BAKED GOODS, AND DOG TREATS! TO SIGN UP EMAIL US @ 127-abohnen@sd43.bc.ca OR TEXT US @ (778) 883-5440.

May 1-7 is Youth Week

HERE'S HOW YOU CAN GET INVOLVED IN PORT MOODY!

Recreation Leader Training - Westhill Youth Centre

Learn the ins and outs of what it takes to be a Recreation Leader in Port Moody. Understand the role of volunteers, learn to lesson plan and practice facilitating activities.

Wednesday, May 1 4-8pm

Minute to Win It - Rec. Complex, Youth Lounge

Compete against your friends in a variety of Minute to Win It style games. Prizes and snacks will be provided.

Thursday, May 2 4-8pm

Westhill Workout - Westhill Youth Centre

Bring your friends for a workout challenge led by a certified BSc. Kinesiologist. Healthy snacks will be provided.

Thursday, May 2 4-8pm

Dodgeball Competition and Pizza Making -

Rec. Complex, Youth Lounge

Challenge your friends in this high energy, team-oriented game. Teams of 5 can register together or individuals can join a team upon arrival. Prizes will be awarded to winning team(s). Pizza making to follow.

Friday, May 3 Registration: 6-6:30pm /

Competition: 6:30-8:30pm / Pizza Making 8:30-9:30pm

Sushi Making - Westhill Youth Centre

Learn how to make your own sushi and enjoy eating your creations. Please advise leaders of any allergies upon arrival.

Friday, May 3 6-10pm

Movie Night - Rec. Complex, Multipurpose Rm 2

Enjoy a new release movie (title tbd) and film trivia with your friends. Popcorn and punch will be provided.

Saturday, May 4 6-10pm

Port Moody Recreation Complex

300 loco Road, Port Moody | 604.469.4556 | www.portmoody.ca

PORT MOODY

FREE EVENTS FOR YOUTH

GRADES 6-12!